

2011 Soccer Season
Arden Park Soccer Club
www.apsoccer.org
916-481-9888

Thank you for volunteering your time to coach soccer this season! You have one of the most vital jobs in this club as you influence the kids that you coach and leave a lasting impression. Coaches play a very important role in our club by communicating important information to their player families and coordinating team responsibilities.

Roster

Enclosed you'll find a contact list for your team and player forms (note that you may have additional players added to your team). *****Be sure to contact your team immediately even if you will not be holding practice until later in August. Families are always anxious to hear from you.***** In the packet you have parent release forms. **These forms must be with the coach during all practices and all games!**

Practice Fields:

The 2011 Practice Field Request Form is in this packet and should be filled out tonight. **Practices** may begin anytime on or after **August 1st**. The complete practice field schedule will be posted on our website at www.apsoccer.org. If you wish to change your practice time (especially when daylight savings time gets closer) you must contact the Club Manager, John Ebersberger at jebersberger@yahoo.com. No practices may be held at Valley Oak on **picture day SEPT. 6th and SEPT. 7th**. Our club is very large and has limited fields which makes assigning preferred times and fields challenging. We will try to do our best in meeting your requests however you may not receive your first choice. Please indicate your priority whether it is a field, day, or time.

Seeding Tournament Schedule: (U8 to U14 only)

The **Seeding Tournament** will be held on **Saturday, August 27th from approximately 9:00 – 3:00 pm**. Older divisions have a longer tournament day. You will receive the schedule for your seeding games for **U-8 TO U14** at a mandatory seeding tournament meeting on **August 22, 7:00 at Sierra Oaks School**. Look for an email which reminds you of the meeting. The River City Youth Soccer League coordinates this meeting and the tournament. During the tournament, each team typically plays four one-half games and the results will be used so that the teams can be placed in a division according to their skill level. You'll receive the season schedule for the first five games the Tuesday after Labor Day. **Look for an email with more information after the seeding tournament.**

U16-U19 teams will have a meeting on August 8 at the **Orangevale Community Center, 6826 Hazel Ave** to discuss which division these teams should play in. **U6** does not have a seeding tournament.

Coaches Equipment:

Each team will receive a team ball, cones for practices, scrimmage vests, and a Goalie Jersey as needed. This equipment will be available at the league meeting on August 22 when seeding schedules are distributed. If you have any questions regarding equipment, please contact **Bill Moebis** at bmoebis@stratify.com

Picture Day:

Picture Day dates are **SEPT. 6th and 7th** and are held at Valley Oak playing field on Eastern Ave. Everyone should wear their complete soccer uniform for the picture including shin guards, soccer socks & cleats. Bring Team Banners if you wish. Each player will receive a team photo and individual photo as part of the registration fee. If players wish, they can order Player Trading cards or other pictures separately by completing the envelope order form that will be handed out at a later date. A small number of uniform shorts & shirts will be available at picture day if you are missing a part of your uniform or need a larger/smaller size. You will receive your photo day date and time when you receive your seeding schedule. Please arrive at least fifteen (15) minutes prior to your scheduled time!

Coaching license:

First year coaches need not, but are encouraged to obtain their “F” class coaching license. All second year coaches and assistants (with the exception of U6 coaches) need to get their “F” class coaching license. Arden Park has already hosted two coaching clinics for the “F” license. Additional local classes can be viewed at www.d6soccer.org

Uniforms:

We will use the same soccer uniforms as last year. Coaches will help coordinate that all players on their team have uniforms.

Any questions on uniforms please contact Kim Campbell kimcam98@yahoo.com

Season:

The **U-6** season will begin on Friday, September 9th and end Friday, November 4. The **U-8 and up** season will consist of two, five week sessions and will begin on Saturday, September 10th and end on Saturday, November 19th. For the **U-8 and up teams**, there will be an All League Bye on October 15th. During the bye week, brackets will be re-assessed and teams may be realigned to a different division depending upon their skill level and standings.

Safety

It is our goal to create a safe recreational experience for all players. Children must wear shin-guards, and a registered coach must be present during all club-sponsored practices and games. The coach should provide supervision as well as direction to ensure safety. No one under the age of 18 should be involved in setting up or taking down of the nets and children are not permitted to play on or around the goal posts. Coaches should have parent consent forms with them at all times which includes an emergency phone number to contact a parent if needed. **If a player experiences a serious injury** during a club sponsored event, please notify the club manager John Ebersberger immediately jebersberger@yahoo.com . Also fill out and send (by email or US mail) the CYSA Case Report <http://www.cysanorth.org/images/pdfs/insurance/cysacasereportform8206.pdf> within ninety (90) days from the date of the incident. This form is also on our website.

If it raining, games will most likely still be played. You can call our soccer line at 481-9888 if you are uncertain whether there will be a game played at an Arden Park field.

Positive Coaching Alliance (PCA):

Arden Park soccer Club has had a long-term partnership with Positive Coaching Alliance (PCA) www.POSITIVECOACH.org. This national organization is dedicated to transforming the culture of youth sports. A PCA meeting will be scheduled and open to all parents and coaches. The speaker will be discussing how to become a "double-goal" coach (i.e., a coach who wants to both win AND develop the character of his/her players) as well as the child learning life lessons through sports. The workshop will run from 6:30 until 8:00 pm. Arden Park Soccer Club will host a free coaching clinic during the meeting for children whose parents attend this class. A time and place has not yet been established when this meeting will occur. All coaches and parents are strongly encouraged to attend.

ALL NEW COACHES AND COACHES WHO HAVE NOT TAKEN THIS CLASS MUST ATTEND THIS MEETING. PARENTS WILL ALSO BE STRONGLY ENCOURAGED TO ATTEND.

RCYSL Rules:

Team sizes and rules are those adopted by the CYSA. Please refer to and become familiar with the rules written in the **RCYSL Coach and Referees Handbook*** for this year. The configurations are as follows:

U-6	5 vs. 5, no goalkeeper	Ball size: 3
U-8	7 vs. 7	Ball size: 3
U-10	9 vs. 9	Ball size: 4
U-12	11 vs. 11	Ball size: 4
U-14 & up	11 vs. 11	Ball size: 5

Game Cards

You will be given game cards to be used for when you are the home team. Please have the game card completely filled out prior to arriving at the field in order to give it to the opposing coach. After the game card is filled out with field information, correct time and date, as well as player information from both teams it must then be given to the field judge referee who after the end of the game will turn it into the club treasurer in order to process payment. Our website www.apsoccer.org will provide additional information and a template to help you with correctly managing the game card.

On behalf of the Arden Park Club Soccer Board and the kids we've registered this season; thank you. We have almost 700 kids playing on 57 teams this year in the Arden Park Soccer Club. Don't hesitate to contact us if any questions come up. Either email us through the Arden Park Soccer Club website www.apsoccer.org or leaving a message on the soccer line at 481-9888. Inquiries are typically returned within a day or so.

*Handbook will be available at seeding schedule meeting in mid/late August

****Please make it a practice to use our website at www.apsoccer.org for information, updates and forms.****